



Berry Protein Pop

With Simply Probiotic

Wild Berry Formula 1 is blended with milk, yogurt and raspberries and frozen into a tasty treat. A delicious way to get your probiotics!

Ingredients

- 2 scoops Herbalife Nutrition Formula 1 Healthy Meal Nutritional Shake Mix, Wild Berry
- 4 scoops Herbalife Nutrition Simply Probiotic
- ½ cup nonfat or low-fat milk, or soy milk
- 1 carton (5.3 oz. or 150 g) nonfat Greek-style yogurt, vanilla flavor
- ½ cup fresh or frozen raspberries

Directions

Place all ingredients in blender and blend until very smooth. Pour into four ⅓-cup (80 ml) ice pop mold. Freeze at least two hours before serving. Makes 4 pops.

With nonfat milk (per pop):

70
Calories

7g
Protein

10g
Carbs

0.5g
Fat